

Non-guided Walks Itinerary

Days	Suggested activity/attraction	Suggested dining	Suggested accommodation	Special hints/tips
<p>Day 1: Stewart Island Arrive in Invercargill and take a 1-hour sail or a 20-minute flight to Stewart Island.</p>	<ul style="list-style-type: none"> • Observation Rock – 30 mins return. Views over Paterson Inlet. • Fuchsia Walk/Raroa Reserve Track – 60mins return. Fuchsia forest attracts a variety of native birds. • Golden Bay – Deep Bay – 2hrs return. • Harold Bay and Ackers Point Lighthouse – 3 hrs return. Ackers Cottage, one of the oldest buildings in New Zealand. Great views over the islands and Foveaux Strait. • Fern Gully – 2-hrs return. The track follows an old sawmill track. Beautiful ferns, birds and bush. • Ryan’s Creek – 3-4 hrs return. (If walking on to Kaipipi Bay, add an extra 2 hrs.) • Horseshoe Point and Motarau Moana – 4hrs return. • Maori Beach – 6-7 hrs return. Maori Beach once a sawmill site. • There are many other walks that can be accomplished in one day returning to Oban for the night. 	<p>South Sea Hotel Just Cafe Church Hill Cafe Kia Ora Cafe & Takeaways</p> <p>Stewart Island is renowned for its fresh fish and seafood.</p>	<p>On arrival: Backpackers, hotel, B&B and motels</p> <p>Department of Conservation Hut</p>	<p>Sturdy walking shoes, wet weather clothing, etc.</p> <p>Insect repellent.</p> <p>Check in at the Department of Conservation if overnighing at a DOC hut.</p> <p>You can purchase groceries from the shop at Oban.</p> <ul style="list-style-type: none"> • Observation Rock – spectacular sunsets. • Harold Bay and Ackers Point – at dusk in mid to late summer Little Blue Penguins and Sooty Shearwaters (Titi or Muttonbirds) can be seen
<p>Day 2:</p>	<p>Alternatively take one of the two day walks or more and overnight at the Department of Conservation Huts.</p> <ul style="list-style-type: none"> • Rakiura Track – comfortably 		<p>Department of Conservation Hut</p>	<p>Sturdy walking shoes, wet weather clothing, etc.</p> <p>Insect repellent.</p>

<p>Day 1: Tuatapere Hump Ridge Track</p>	<p>tramped in 3 days.</p> <ul style="list-style-type: none"> • NorthWest Circuit – suitable for experienced trampers and allow 10—12 days. • Southern Circuit • Coast to Coast <p>Located at the south-eastern end of Fiordland National Park, the track is a 53 kilometre circuit that starts and finishes at the western end of Bluecliffs Beach on Te Wae Wae Bay.</p> <p>Blue Cliffs Beach to Okaka Hut 18 kilometres – 8-9 hours</p>		<p>Department of Conservation Hut</p>	<p>Check in at the Department of Conservation if overnighting at a DOC hut. You can purchase groceries from the shop at Oban. Reasonable level of fitness. Overall the track is moderate.</p> <p>It is not possible to dry clothes in the huts so you will need at least two sets of clothes.</p>
<p>Day 2:</p>	<p>Okaka Hut to Port Craig Village 18 kilometres – 7 hours. Awesome sunrises – coastal panorama's – limestone tors and mountain trans – alpine vista's – marine terraces – spectacular viaducts – Port Craig Village.</p>			<p>There are two 40 bunk huts supplied with gas cookers, tables and seating, limited hot water, cold running water and heating, flush toilets and wash basins and mattresses.</p>
<p>Day 3:</p>	<p>Port Craig Village – Blue Cliffs Beach 17 kilometres – 6-7 hours Pioneering History – towering Rimu – coastal walking – rocky pools and sandy beaches – bellbirds – pigeons – and Homeward bound.</p>			

<p>Day 1: Bluff Walks that can be taken around Bluff.</p>	<p>Bluff coastal walks incorporate the southernmost section of the New Zealand Walkway system.</p> <ul style="list-style-type: none"> • Stirling Point return via Glory Track – Distance 3.8km, time 1 hour, walking through Podocarp Forest. • Stirling Point to Lookout Point – Distance 3.2km, time 45 mins one way. • Stirling Point to Ocean Beach – Distance 6.6km, time 2hrs 15 mins one way, skirts the coastline at the foot of Bluff Hill and crosses privately owned farmland. 	<p>Lands End Restaurant Stirling Point Restaurant Harbour Lights Cafe, and a variety of hotel bistros.</p>	<p>Accommodation in Invercargill Backpackers, hotels and motels.</p> <p>Alternatively at Bluff: Camping ground, hotels and backpackers.</p>	<p>Walkers should make their own arrangements to be picked up from the carpark at the Ocean Beach end of the track or, alternatively, be prepared to walk back to Stirling Point.</p>
<p>Day 1: Catlins Departing from Invercargill. Walks that can be taken in the South Catlins. Also the opportunity of doing the Catlins Coastal Heritage Trail.</p>	<ul style="list-style-type: none"> • Slope Point – walks over private farmland, and the southern-most point of the South Island. • Waipohatu – 30 min walking track on edge of Waikawa forest. Podocarp forest noted for ferns and logging remnants. • McLeans Falls – Forest walk to spectacular waterfalls. 40mins return. • Cathedral Caves – Bush and beach walk to spectacular caves access only at low tide. 80mins return. • Lake Wilkie – 40 mins return. Forest development from lake edge to mature forest. The flowering rata are magnificent during summer. • Tautuku Estuary Boardwalk – 30 mins return. Peaceful walk onto a pristine estuary. 	<p>Self cater Dine with your host</p> <p>Eateries in Tokanui, Papatowai and Owaka</p>	<p>Backpackers or farmstay B&B <i>Experience Southern Hospitality</i></p>	<p>Walkers not permitted on private land during lambing season.</p> <p>Small toll fee for access to Cathedral Caves.</p> <p>Tautuku Estuary Boardwalk – look out for the rare fernbird.</p>

<p>Day 2: Continue walking in the Catlins then return to Invercargill or continue on to Dunedin</p>	<ul style="list-style-type: none"> • Old Coach Track/Tahakopa Loop Track – 40 mins return, but also a 2-3 hr return tramp through this significant reserve. Coastal podocarp forest. Walk the Old Coach Road to an old moa hunter camp at the river mouth. • Matai Falls – 30 mins return. Beautiful podocarp/broadleaf forest. • Purakaunui Falls – 20 mins return. Walk through beech and podocarp forest. • Catlins River Walk – 5 hrs (one way). Tramp through beautiful beech forest, view exotic pine plantations, silver beech forest, grassed flats. 			<p>Matai Falls best observed late in the morning.</p> <p>Catlins River Walk – look out for the rare mohua (yellowbird) high in the trees.</p>
<p>Day 1: Riverton</p>	<p>Mores Scenic Reserve – Distance 6 km, time 3 hrs. Excellent views over Riverton and surrounding areas. Continue on to: Balancing Rock – 6 hrs. This rock is on the extreme left of a lovely beach and looks as if a good push would roll it over! North Beach – Distance 10 km, time 4 hrs. On this walk you pass several 'Wahi Tapu' – areas of spiritual and historic value to local Ngai Tahu Iwi. Coastal Walk to Riverton Rocks and Howell's Point – Distance 10 km, time 4 hrs. Good safe swimming in the bay. At the Point, climb to the beacon light for good views of Foveaux Strait.</p>	<p>Lunch: Take a picnic lunch, or dine at the Beach House Cafe, overlooking the ocean</p> <p>Dinner: Beach House Cafe Country Nostalgia Cafe</p>	<p>Backpackers, guest house, motels, holiday parks/camping grounds and farmstay B&Bs.</p>	<p>All walks commence and finish at the Aparima River Road bridge – south of the township. Times and distances are for return walks.</p> <p>Sturdy footwear and wet weather clothing.</p> <p>North Beach – Note (suitable only low or mid tide)</p>

	Shags, Gulls, White-fronted Terns, Titi and little banded Dotterals are often seen.			
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Theme: Food & Wine

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<p>Day 1: Experience a culinary tour around Invercargill - the southern most gastronomical city in the world</p>	<p>Morning:</p> <ul style="list-style-type: none"> • Learn about the art of salami making from a real German sausage maker. (Name) uses traditional recipes made from a blend of local produce and European flavours. • Experience the beer brewing process as you tour around Southland's boutique brewery – (name). (Name) produces wonderful ales???? • Lunch and interactive cooking demonstration at the Southern Institute of Technology's hospitality department. <p>Mid-late afternoon:</p> <ul style="list-style-type: none"> • Tantalise your tastebuds with creamy icecream made right here in Southland from the freshest ingredients. • Chill out with pre-dinner drinks. <p>Evening:</p> <ul style="list-style-type: none"> • Dine out at one of Invercargill's 	<p>Lunch – Bungalow Restaurant at the Southern Institute of Technology Dinner – for fantastically fresh fish try HMS Kings who specialise in seafood. 148 on Elles Donovan – features fine local produces such as Texel Lamb, Ascot Park Hotel</p>		
<p>Day 2:</p>	<p>Invercargill morning - Indulge in deliciously locally made chocolates. Bluff – Lands End Restaurant overlooking the ocean - lunch Stewart Island – Fishing charter – catch your own lunch and have it prepared for you.</p>			

	Salmon farm Paua hatchery Local delights – titi, paua, salmon, blue cod Evening dine at Hotel			
Day 3:	Stewart Island – brunch at Church Road Cafe From SI to Invercargill to Riverton			
Day 4:	Gore – moonshiners museum The Moth – lunch Gables - dinner		Croydon Lodge	
Day 5: (if applicable)				

Brief outline/editorial on itinerary: